

THE TIMES DAILY MAGAZINE PAGE

Observations On What Men Eat for Lunch

Are the Chocolate Eclair and Pie a la Mode Eaters Merely Hypocrites, Or Do They Forget What They Have Dined Upon For the Convenience of Seeming Consistent?

The Debutante Rebels.
 He said that I was silly, and that I filled my stomach with useless trash—
 Such as chocolate eclairs, and pie, and ice cream.
 The whole evening long he scolded me. And reviled my taste.
 And was so interested in what he was saying that
 He forgot to see how pretty I was.
 (I had spent three hours choosing the new slippers I wore, not to mention other efforts.)
 And he stormed, and said that it was "Just like a woman to eat trash when she was hungry."
 And I didn't say a word, and was ashamed, and the evening was utterly ruined.
 Yesterday I saw him again.
 He was in one of those F street high-stool eating places.
 And he didn't see me.
 I watched.
 He ordered a cup of coffee, two chocolate eclairs.
 And one pie with ice cream. (Boiling same in five minutes.)
 He didn't see me.
 But as he went out I hid a large fat smile.
 Up my sleeve.
 And my self-respect came back in great slathers.
 I had learned the real meaning of the word Hypocrite!
 I thought it only applied to people who pretended
 To be Christians!

THE CONDUCTOR.

Waxed Moustache Speaks.
 Dear Conductor: What you have against my waxed moustache? True, it isn't as waxy as it used to be, because it's awfully hard, with the war and everything, to get good cosmetic these days. But that isn't my fault.
 Still, don't think I'm sore because of your stories about my hirsute decoration—you aren't a copy reader, and you can't cut that out without violating the freedom of the press. I'm not. Before we started our correspondence no one ever admitted that I have a moustache. But now the fact has been recognized in black and white, and I'm all puffed up.
 Just the same, I would like to know what you have against it.
 PARVA STELLA.
 (Dog Latin for Waxed Moustache.)
 Since you assume in the first part of your letter, Stella (which has been eliminated because of its display of intense feeling on the subject), that the editor of this column is a female, we take up the question of what we have AGAINST waxed moustaches.
 What is more natural in light of that assumption than for us to put a finger in our mouth, and reply: "Nothing against them yet, Stella, but we still have hope."

Not Always.

Bacon—Is your wife continually asking, "What's the trump?" when playing cards?
 Egbert—No, not continually. Sometimes she only looks it.—Yonkers Statesman.

How the Flying Ballet Does Its Seemingly Dangerous Work Safely

A Visit to the Flies and Wings of the Belasco Theater Resulted in the Discovery That the Flying Ballet, Which Looks So Dangerous to the People Out In Front Is Actually More Safe Than Riding In An Automobile.

IN the midst of an ensemble at the Belasco this week two girls suddenly fly out from the rest of the chorus, and before the audience is aware of where they come from, up they go like fairies high into the dome sixty feet or more. They pause for a moment or two in their flight, and then sink slowly and gracefully back to the stage, where they stand for a moment and then disappear in the wings. There is no sign of wires, yet they are sent up on wires, as everyone knows.
 The machine which deals them out for this flight is concealed in the very top of the theater, on what is called "the gridiron," a steel-plank platform, which is the highest point above the back stage, over the stage at a height of exactly twice the depth of the big asbestos curtain which is lowered between acts.
Wires and Pulleys.
 It is a simple arrangement of wires and pulleys operated by an inch leather belt. The wires themselves are less than an eighth of an inch thick, yet the two girls who go up nightly with them fastened

Business Girls Have Come to Realize the Value of Neatness In Keeping the High Estimation of Their Employers' and Workout Finery Is Replaced by Simpler Modes.

SOMEONE has said—or, rather, some dozens of persons have said—that the two-piece suit is the original, non-replaceable polymorphous. They have hailed it as the business girl's friend, the cornucopia of joy, the hurried housewife's haven. They loudly proclaim that a suit, plus an assortment of shirtwaists, will enable a lady to meet any emergency with noise and calm. Be that as it may, no one will deny that the suit is the one invariable feature of the feminine wardrobe. With spring days hinting, nay beckoning the susceptible shopkeepers, the lure of the new suit reaches the business girl as well as her more leisurely sisters.
 A English writer bewailed the fact that during her years of servitude as a stenographer she was never dressed, merely covered. Others have pointed out the fine distinction between being dressed and clothed.
She Makes Discovery.
 Time was when the business girl's workaday garb was last year's best, pressed into service because anything was good enough to wear to office. Now she realizes that her everyday appearance is just as important as her Sunday garb.
 She has discovered that her clothing must be simple and neat, without garish colors or extreme lines. Her employer does not pay her to be conspicuous—he will be satisfied if she is neat and well groomed.
 Notwithstanding the fact that this year's suits, even of the plainest, have such a flare to the silhouette as to cancel severely tailored effects, simplicity may be attained by leaving the suit untrimmed, and wearing the plainest of trig hats.
 Fashion writers have waxed jovial concerning the checkered career that is foretold for many a new suit. For once everyone seems to agree that checks will be favored in preference to unpatterned materials this spring. Some people complain that one grows so tired of checks—ah, but not this year's checks.
Design of Soft Gray.
 Who could weary of a design of soft gray, with a hairline of purple, woven onto a supple velvour? Or golden brown, picked off with squares of dull blue? These are surely a far cry from plaid shepherd checks wreathed with the dry goods merchants draped their tables each returning spring.
 The chief objection to the black and white checks was that they could be copied in cheap materials, costing but half as much as a really good piece of cloth.
 Of course, these looked about the same at a short distance, and they tended to lower the caste of better stuffs. One advantage of the new colored checks is that they have not been duplicated in cheap cloth as yet. The cost is from \$1.50 to \$2.75 or \$3 a yard, the more expensive qualities running to a width of fifty-two inches.
 With this width, a suit with plenty of flare may be evolved from four yards of stuff, with an initial cost of \$10 or \$11. Lining satins may be



Checked suit with the usual flare of coat and skirt and a broad belt giving a short-waisted effect.

had as low as 60 cents a yard, and there are the guaranteed satins that cost twice as much. Silk and button-hole twill, a few dozen buttons, and a pattern—there are the ingredients for an eminently practical and attractive business suit.

Fullness Below Waist.

Most of the suits have managed to make use of two distinct flares—one at the hem, the other a little below the waist line, where the coat goes exploring the breezes on its own account. This flare is made all the jauntier by a belt, and belts complement the flares on just about 99 per cent of all the spring suits.
 Several methods have been used to bring in this extra fullness below the waist line without making the coat seem bulky. A separate piece of material may be pleated under the belt to form a pouf; if longer lines are desired, a series of inverted pleats may run from the shoulder to the belt and allowed to expand at their own sweet will below the waist line.
 The lower edge of the coat may be

irregular, with a decided dip at either side, or at front and back. This requires careful tailoring to give a properly fitted appearance, and the home dressmaker would do well to use simply designs if she is to attempt to make her own spring suit.

Many of the collars are high, some of them even buttoning around the chin like those on winter suits. This requires careful tailoring to give a properly fitted appearance, and the home dressmaker would do well to use simply designs if she is to attempt to make her own spring suit.

Buttons are the generally accepted trimming. For those with slender figures lines of buttons from the

New Spring Suit Need Not Be Expensive to Be Pretty and Modish—There Is an Attractive Choice of Checked Materials, and Little Trimming Is Needed on a Colorful Background.

shoulder seem to the edge of the coat are attractive, but fatal for those inclined to be chubby.
 The buttons used are of various shapes, most of them in the round or "acorn" style. Others are flat and oval. The novelty buttons are legion and almost any material may be supplied with ready made buttons that harmonize perfectly.
 Plain black silk or couturage braids may bind the edges of the coat or outline a seam of the skirt. These are narrow and more of an accent to the lines of the suit than a trimming. For suits in colors with which black would not look so well braids of the darkest possible tone to harmonize are in good taste. Black is always given the preference, however, since it offers an opportunity for corresponding simplicity in accessories.

RECIPES

Lamb Chowder.

This is really a way to utilize troublesome left-overs of roast lamb, and the flavor really resembles that of clams. Cut the scraps of meat into half-inch dice, using about two cupsful to the following proportions of other ingredients: two finely-cut onions, two potatoes, half a can of tomatoes and a pint of water.
 Simmer until the potatoes are thoroughly cooked. If the flavor is weak a bouillon cube or beef extract may be added. Rice may replace the potatoes if desired. If the water boils away too rapidly more may be added.

Marshmallow Fudge.

Beat two cupsful of sugar, two-thirds of a cupful of milk, one-third of a cupful of corn syrup, a tablespoonful of butter and half a cup of cocoa (more, if stronger chocolate flavor is desired) for five minutes before putting the mixture on the stove.
 Cook until the syrup will form a soft ball when dropped in water. Add another tablespoonful of butter, a quarter of a teaspoonful of salt and a teaspoonful of vanilla. Beat until it thickens. Add ten marshmallows, cut in pieces, just before ready to pour in the pans. In order that they may be only partially melted. The pans are to be greased and lined with pieces of marshmallow.

Ambrosia.

An easily prepared dessert that appeals particularly to children calls for sponge cake, whipped cream, candied cherries and marshmallows. To the whipped cream, flavored with vanilla, are added candied cherries, halved, and marshmallows finely cut.
 This mixture is heaped upon squares of fresh sponge cake, with a whole cherry at the very top.

Gingerbread and Cream.

Hot gingerbread does not seem a desert possibility, yet there are several ways in which it may be used to good advantage. When the cake is fresh, flavored whipped cream may be heaped upon it. When it is stale, it may be steamed and served with a hard or brandy sauce.

Times Pattern Service

NOW is the time of year when most of the department stores are having special sales of nainsook and longcloth. Now it is, too, that the forehanded woman begins to replenish her stock of lingerie, knowing that the home-made kind is cheaper and more satisfactory than the garments usually offered by the shops.

The added value of a bit of handwork, which makes French lingerie so expensive, will double the beauty of almost any article of clothing, with little extra trouble. A simple scallop, a vine or wreath defining the yoke, and there is trimming enough for any chemise.

The one in the sketch is a perfectly cut garment, made in regulation or envelope style, with a round or square neck. The graceful lines conform to the figure.

The pattern, 663, is cut in sizes 36, 40, and 44 inches bust measure. Medium size requires 2 1/4 yards of 36-inch material.

Price of pattern, 10 cents.

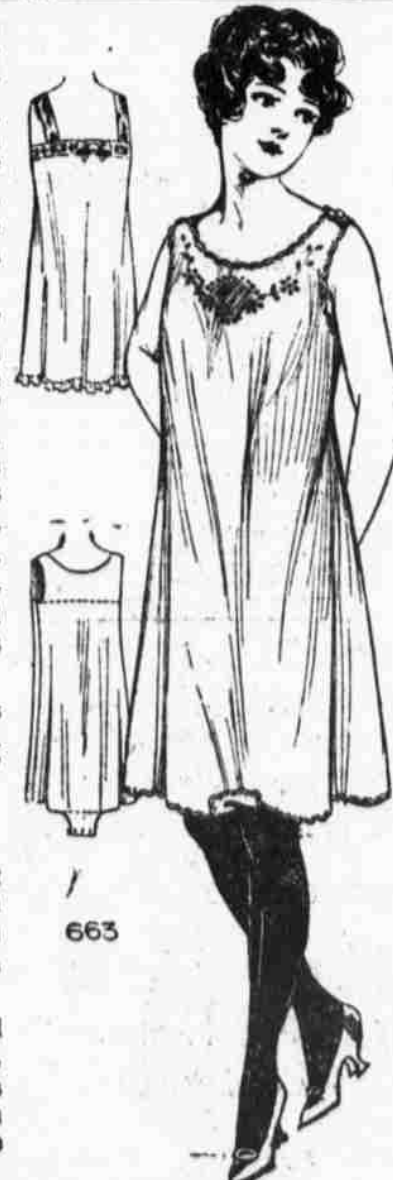
To obtain this pattern fill out the coupon and enclose 10 cents in stamps or coin. Address Pattern Department, Washington Times, Munsey Building, D. C.

If patterns are not delivered within three days, at the latest, after the request has reached this office, kindly notify the Pattern Department. No patterns can be obtained in person.

(SIZE MUST BE PUT ON COUPON)

THE TIMES PATTERN SERVICE.

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Numbness of Members Not Entirely Due to Age; Numerous Other Causes

By DR. LEONARD KEENE HIRSHBERG.

HERE is an absurdity in blaming the flight of years for malades, the cause of which might better be found, if honestly sought.
 True enough, each group of years may have certain predispositions to some ailments, just as scarletina and measles are more prone to occur in childhood. This, however, is no reason why old age, middle life, or infancy should be given as "causes" of the maladies which are accidentally associated with that period.

Teething is no more the source of dysentery, coughs and other infectious diseases than old age is of paralysis, heart disorders and Bright's disease. Therefore, when with the advance of years come a greater number of periods of tingles, numbness, "pins and needles" and "go-to-sleep" sensations in the arms or legs, do not so readily lay the trouble to "old age."
 If you will observe when and where your arm or leg "goes to sleep" you will find that there has occurred unusual pressure upon the affected member, and that a thick nerve trunk has been caught between the folds of the bent arm or leg and squeezed too tightly.

Influence of Alcohol.

Men given to carousing are particularly subject to the sensations of ants creeping over the skin or pins and needles pricking the arms or legs. The numbing effect of alcoholic beverages is well established.
 If to grog-guzzling there is added falling unconsciously with an arm or leg doubled up, the "boose," plus the pressure upon the sciatic nerve of the leg or the deltoid nerve of the arm, induces a form of palsy of the affected member.

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Answers To Health Questions

J. B.—I am a young man of twenty—a traveling salesman by the way—and have a rather young appearance. I thought possibly a mustache would tend to make me look older. Will you kindly tell me how to hasten the growth of one, if I decide to have one?

Frequent shaving and massage is about the best one can do to encourage the growth of a mustache.

R. F. G.—If you will kindly send a stamped self-addressed envelope with your query repeated, I will be glad to give you the desired information.

Mrs. H. F. B.—What causes blood pressure? How is one affected by it? When is your blood pressure normal at the age of thirty-four? What would you prescribe to overcome high blood pressure caused by pressure of the heart, the blood and the resistance in the arteries? If you mean high blood pressure, sometimes one is affected at all. The blood pressure is normal at the age of thirty-four when the instrument registers 114. A quiet, uneventful life, full of rest, fresh air, and simple diet help to overcome high blood pressure. Massage is also helpful.

R. C. F.—I am troubled with an intense itching of the body. I can obtain no relief. What will you advise me to do for this?

Change the underclothing every day and take a daily bath. Also apply the following lotion to the affected parts each morning and night: Calamine, 24 grams; zinc oxide, 2 grams; glycerine, 2 grams; phenol, 1 gram; lime water, and rosewater enough to make three ounces.

PERSONAL ADVICE.

Readers desiring advice should remember:
 1. To address inquiries to Dr. L. K. Hirschberg, care of The Times.
 2. To enclose a stamped and addressed envelope if a personal reply is desired.

Bachelor Girl's Reflections

By HELEN ROWLAND.

MYRTILLA used to dress in plain pink, blue, or red—but now prefers
 A gown of "claret" or "champagne,"
 Or "dregs-of-wine," so she avers.
 With trimmings of the new "char-trouse."

I think her colors rather queer;
 And yet, when I suggest that I
 Would like a suit of "foaming beer,"
 A hat of "bourbon," "scotch," or
 "rye,"
 And sporty "Jack Rose cocktail" tie,
 Myrtilla's horrified—but, why?

Filtration is a fascinating experiment in the laboratory of Love, in which the foolish carefully play with combustibles.

A man won't decide on a motor car until he has spent two or three weeks in looking them over; but he will decide on a wife in two or three minutes—and then spend the rest of his days in "looking her over."

A man seldom marries when he ought to; he simply keeps putting it off until some girl comes along and gets him so tangled up that he has to.

A girl's heart is like her dressing table—crowded with tenderly cherished little souvenirs of love; a man's, like his pipe, carefully cleaned and emptied after each flame has gone out.

A man never seems to get cold feet from skating on ice—except when it chances to be the thin ice of sentiment.

A man loves a woman first reverently, then madly, then tenderly, then dearly, then comfortably—and last, dutifully.

Most actresses are married—and then; most literary women—off and on; most society women—from time to time. Copyright, 1916, by The Press Publishing Co. (The New York Evening World).

The Working Woman.
 The Bureau of Labor Statistics of the Department of Labor, after an extensive investigation among establishments employing 255,000 employees, has issued some reports concerning the women workers of the country.
 Two striking features are the low wages paid to women and the extreme youthfulness of many of those employed. In three great industries—the Southern cotton group, the glass industry, and the Pennsylvania silk group, more than two-thirds of the girls employed were found to be under twenty years of age. On the other hand, the proportion of twenty-five years and over was great enough to suggest the need of vocational training for girls, as was the fact that in many industries the proportion of married women runs from 10 per cent up to 60 per cent. The importance of the woman worker and of the child wage-earner is realized when one learns that the bureau has just issued a report about them that has nineteen volumes.

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